



## Project Restore – Building Secure Relationships Session Facilitation Guide

Materials	Notes
<ul style="list-style-type: none"> <li>• Facilitation Notes</li> <li>• Building Secure Relationships Video</li> <li>• Writing Tool</li> <li>• Paper</li> <li>• Computer</li> </ul>	<ul style="list-style-type: none"> <li>• Facilitator should watch each video in advance and make sure to have the stops down on the time stamps below.</li> <li>• Facilitator should complete the time section on the table below based on the run through of the videos.</li> <li>• Assumption is that the facilitator is leading this professional development session virtually over an online platform (e.g., Zoom) but it can be facilitated in person as well.</li> <li>• The narration for the facilitator is in italics.</li> </ul>

Time	Minutes	Section
	<b>4 minutes</b>	<b>Opening</b>
		<ul style="list-style-type: none"> <li>• <i>Today marks the fourth session of our trauma-informed series training. We will gather notes and key takeaways over the entire series to build a trauma-informed toolkit. Our general norms around professional development will be in place. I will share my screen so you can see and hear the videos. Please have a writing tool and paper with you to take notes on. We are going to actively participate in this session.</i></li> <li>• <i>As a note, there will be times that the material being covered will be heavy so please take a pause if you need to and step away. The video is available 24/7, so you can access it when you are ready on your own if necessary.</i></li> <li>• <i>Please spend thirty seconds jotting down one reflection from the last video, Understanding Your Students' Experience.</i></li> </ul> <p>Ask three participants to share their takeaways with the rest of the group.</p> <ul style="list-style-type: none"> <li>• <i>As a reminder, the learning objectives for the last session were to have participants be able to:</i> <ul style="list-style-type: none"> <li>○ <i>Understand the stress students have experienced</i></li> <li>○ <i>Recognize potential student stress reminders</i></li> <li>○ <i>Learn strategies for establishing secure relationships with students</i></li> </ul> </li> </ul>



Transition		
	36 minutes	Section 1
		<ul style="list-style-type: none"> <li>The learning objectives for this session are to have participants be able to               <ul style="list-style-type: none"> <li>Identify strategies to build healthy, purposeful, and trusting relationships with all students, with a focus on trauma-informed practices and COVID-19 realities</li> <li>Develop a trauma-sensitive framework for supporting and managing transitions between learning models</li> <li>Develop a trauma-sensitive framework for de-escalating students who are stressed</li> </ul> </li> </ul>
		Show Understanding Your Students' Experiences Video (0:00-2:36)
		<ul style="list-style-type: none"> <li>Please spend two minutes jotting down answers to the two questions on the screen.</li> </ul> <p>Ask three different participants to share with the group what helped them feel closest to their students.</p> <p>Ask three different participants to share with the rest of the group what was the hardest part about connecting with students.</p>
		Show video (2:37-9:00)
		<ul style="list-style-type: none"> <li>Think about your current students. Which students would fall under a Tier I approach? A Tier II approach? A Tier III approach? Spend four minutes reflecting on the tier breakdowns for your students.</li> </ul>
		Show video (9:01-10:55)
		<ul style="list-style-type: none"> <li>Please spend one-minute jotting down fun activities you do with your students.</li> </ul> <p>Ask three different participants to share with the rest of the group one activity they do with their students.</p>
		Show video (10:56-13:13)

		<ul style="list-style-type: none"> <li>• <i>First, please spend one-minute reflecting on the questions that Mr. Baldwin used and jot down the ones you want to use.</i></li> <li>• <i>Then spend another minute reflecting on any other questions you want to use and jot them down.</i></li> </ul> <p>Ask three different participants to share with the rest of the group one new question they want to use to help them be the educator they aspire to be.</p> <ul style="list-style-type: none"> <li>• <i>Please spend three minutes reflecting on the strategies that Mr. Baldwin used and jot down the ones you found to be most helpful. In addition, jot down how you will put the strategies into practice.</i></li> </ul> <p>Ask two different participants to share with the rest of the group one strategy they will put into practice.</p>
		Show video (13:14-13:32)
		<ul style="list-style-type: none"> <li>• <i>We are going to stop here and take a three-minute break.</i></li> </ul>



Transition		
	15 minutes	Section 2
		Show video (13:33-14:07)
		<ul style="list-style-type: none"><li><i>Please spend two minutes jotting down answers to the two questions on the screen.</i></li></ul>
		Show video (14:08-17:47)
		<ul style="list-style-type: none"><li><i>Please spend three minutes thinking about particular students that might struggle with the transition between settings and jot down a few different strategies to help the students ease into it.</i></li></ul> <p>Ask three different participants to share with the rest of the group one example of a strategy that will be helpful in the transition between settings.</p>
		<ul style="list-style-type: none"><li><i>Please take a two-minute break.</i></li></ul>

<i>Transition</i>		
	<b>25 minutes</b>	<b>Section 3</b>
		Show video (17:48-18:28)
		<ul style="list-style-type: none"> <li><i>Please spend two minutes jotting down answers to the two questions on the screen.</i></li> </ul> <p>Ask three different participants to share with the rest of the group when it was the most difficult for them to help a stressed student.</p> <p>Ask three different participants to share with the rest of the group when it was the easiest for them to help a stressed student.</p>
		Show video (18:29-20:52)
		<ul style="list-style-type: none"> <li><i>Please review the nine co-regulation strategies on the screen and spend one-minute typing into the chat ones that you are familiar with here.</i></li> </ul> <p>Read off ten examples from the chat.</p>
		Show video (20:53-25:51)
		<ul style="list-style-type: none"> <li><i>Please spend three minutes jotting down answers to the two questions on the screen.</i></li> </ul> <p>Ask three different participants to share with the rest of the group which strategy or strategies they would use to support Ella.</p> <p>Ask three different participants to share with the rest of the group any new strategies they will use in their practice.</p>
		Show video (25:52-28:28)
		<ul style="list-style-type: none"> <li><i>Please take a two-minute break.</i></li> </ul>



<i>Transition</i>		
	<b>15 minutes</b>	<b>Section 4</b>
		<ul style="list-style-type: none"> <li><i>We are down the home stretch for this fourth video! We have learned so much about the importance of relationships and building trauma-sensitive frameworks for supporting our students in different ways.</i></li> </ul>
		Show video (28:29-28:51)
		<ul style="list-style-type: none"> <li><i>Please spend three minutes reflecting on strategies you want to implement.</i></li> </ul>
		Show video (28:52-30:12)
		<ul style="list-style-type: none"> <li><i>Please spend one-minute reflecting on who you want to reach out to and share information about the strategies you selected today.</i></li> <li><i>Now spend one-minute either texting or sending a quick e-mail to the person you are thinking about.</i></li> </ul>
		Show video (30:13-30:33)
		<ul style="list-style-type: none"> <li><i>Please spend two minutes reflecting on what you have learned from this session.</i></li> </ul>
		<ul style="list-style-type: none"> <li><i>Please log onto <a href="http://texasprojectrestore.org">texasprojectrestore.org</a> and click on the Review tab of the Building Secure Relationships section. Spend four minutes completing the quiz and downloading the TEA CPE certificate. You can save it onto your computer and fill out your name and the date on it.</i></li> </ul>
		<ul style="list-style-type: none"> <li><i>Please reflect on today's session and feel free to check out the Building Secure Relationships video again before we move onto the fifth video in the series.</i></li> </ul>